THE JOURNEY SERIES

PROGRAM

SEPTEMBER 3

WELCOME

Rev. Paul Pradat Episcopal Diocese of Alabama, Recovery Ministries

KEYNOTE

Attorney General Steve Marshall

INTRODUCTION TO JOURNEY SERIES

Rev. Robin Hinkle St. Mary's Episcopal Church of Jasper

Rachel Puckett
Walker Co. Health Action
Partnership

SEPTEMBER 10

2:30 PM

*ROLE OF HEALTH PROFESIONALS IN ADDICTION & TREATMENT

 $Brent\ Boyett, DMD, DO, DFASAM\\ \textit{Bradford}\ Health\ Services$

Addiction should be understood like any other chronic, relapsing disease by all, and especially by health professionals - nurses, social workers, case managers, peers, doctors, receptionists. Digging deeper into the brain science of addiction and whole-person treatment options equips us with the knowledge to better work with friends, family, patients and clients who struggle with addiction. Brent Boyett, DMD, DO, DFASAM practiced both dentistry and primary care medicine until he discovered his passion in the field of addiction medicine in 2008. He became board certified in Addiction Medicine and is a forward-thinking speaker, researcher, and leader in addiction medicine.

3:35 PM

HOW TO ASK FOR HELP & START THE INTERVENTION PROCESS

Paige Britton, CRSS Recovery Organization of Support Specialists

Stephanie Schilling, CRSS, LMSW Recovery Resource Center

This panel will provide insight for people who have questions or concerns about how to seek help: that can be people seeking help for themselves, for a family member, or for a member of their congregation. This panel will field questions regarding how to approach the treatment and recovery process; what resources are available for people with substance use disorders, their families, or anyone else who is concerned and will be able to speak from both professional and personal experience.

SEPTEMBER 17

2:30 PM

*STATE OF ADDICTION: THE OPIOID EPIDEMIC & THE CRISIS IN ALABAMA

Sherie Schaffer, MS, ADC, LPC-S, NCC Bradford Health Services

Sherie Schaffer is the Director of Clinical Operations at Bradford Health Services where she oversees the clinical operations across Bradford's network. She has been working in the field of addiction for 19 years and is a certified addiction counselor, licensed professional counselor, and a supervising LPC. The session will address our country's opioid crisis, particularly how it's affecting our community and what we can do to mitigate it.

3:35 PM

THE PROVIDER PERSPECTIVE: THE OPIOID EPIDEMIC THEN & NOW

Kristan Shaw Hope for Women Lisa Bright
Will Bright Foundation

Camille Holcomb, LPC, ADC Fellowship House Brandon Lackey The Foundry Ministries

Patricia Montgomery, LPC Northwest Alabama Mental Health Center

Panel members will discuss how their respective treatment and recovery organizations have responded to the continued opioid crisis, and how their patient/client's needs have evolved.

SEPTEMBER 24

2:30 PM

*ROLE OF LAW ENFORCEMENT IN ADDICTION & TREATMENT

District Attorney Bill Adair Walker County DA's Office

Leslie Plaia, M.Ed, LPC Recovery Resource Center

The DA's Office, RRC, and the Alabama Department of Mental Health, have recently partnered to add another pathway to treatment for law enforcement across Walker County. Law enforcement officers often come into contact with individuals living with addiction and know these people need treatment, not jail time. This new pathway will join diversion programs including pre-trial and Drug Court programs in Walker County to better address the needs of people with addiction.

3:35 PM

INTERVENTIONS FOR REDUCING RISK FACTORS IN YOUTH

April Knight Northwest Alabama Mental Health Center

April Knight, Director of Prevention Services at Northwest Alabama Mental Health Center outlines what Walker County students are learning, and important tips parents need to know. NWAMHC serves those with mental disorders, intellectual disabilities, and persons suffering from chemical dependency in its 5-county area (Walker, Fayette, Lamar, Marion, Winston). Drug prevention programs for youth address protective and risk factors.

NWAMHC implements evidence-based curricula for students in Walker County, including new initiatives recently funded by a CDC Opioid Overdose Prevention grant.

OCTOBER 1

2:30 PM

GUARDIANS OF ADDICTED LOVED ONES

Carie Wimberly

Addiction Prevention Coalition

Art Wimberly *T.H.R.I.V.E.*

Treatment from addiction is not just for the individual but also for the family. Parents of Addiction Loved Ones (PAL) is a guide for families as they better understand their role in the recovery process. Carie Wimberly is the Addiction Prevention Coalition Director of Operations. Art Wimberly has been working in the recovery field for over 17 years.

3:35 PM

ADDICTION & SENIORS

Benjamin H. Nguyen, MSW, ASW, CPH UCLA Integrated Substance Abuse Programs

Robyn James Middle Alabama Area Agency on Aging

Addiction among people 65 and up is often underestimated and under-diagnosed, which can prevent them from getting the help they need.

Additionally, the caregivers of older individuals may struggle with addiction presenting a complex path forward.

OCTOBER 8

2:30 PM

*ADDICTION 101: BRAIN SCIENCE OF ADDICTION

Mike Wilkerson, MD, FASAM Bradford Health Services

Addiction 101 addresses several of the most common questions asked about addiction with the aim of increasing understanding of the disease. Board certified in Addiction Medicine and Internal Medicine, Dr. Wilkerson currently serves as the Corporate Medical Director of Bradford Health Services.

3:35 PM

THE PROVIDER PERSPECTIVE: WHOLE-PERSON CARE

 ${\small Kady\,Abbott, MA, LPC\text{-}S, NCC, BC\text{-}TMH}\\ Fellowship\,House$

Mark Driskill, LICSW, PIP Bradford Health Services at Walker Baptist

> Anastacia Rogers, LICSW Michael-Anne Green, CRSS Capstone Rural Health Center

Whole-person care in substance use disorder treatment is critical. Panel members operate within models that treat a patient or client's substance use disorder treatment along with co-occurring mental health diagnoses and primary care needs. They will speak to the importance and challenges of treatment within this context.